

S P R I N G 2 0 1 5

# SD ENA Frequent Flyer



## Welcome to our Spring Issue!

I hope this issue finds you enjoying some Spring weather and milder temperatures. It is an exciting time to be a part of the SDENA! There are so many volunteer, leadership and education opportunities coming up, so take advantage! "Spring into action" with SDENA!

Sherrie Muhs, SDENA secretary

### Save the Date!

#### Spring Meeting

May 26, 2015

\*Fall education conference updates  
\*Video, teleconference lines  
TBA

#### Education

\*Avera Trauma symposium 4/8  
\*Avera Critical Care symposium 6/12  
\*SDENA Fall conference 9/14-15

#### National Conference

Sept. 28-Oct. 3, 2015

\*More clinical and leadership sessions  
\*Hands on learning labs

### In this Issue:

- Update on Fall SDENA conference and educational offerings
- Project Underpantz!!
- National ENA Conference in Orlando
- Henry's Run
- Women in Science event
- Online CATN course



**Project Underpantz – making a world of difference!**

Our current SDENA service project is Project Underpantz. This is an organization that provides handmade reusable feminine hygiene products for young girls in underserved countries. Many times these girls drop out of school due to the lack of hygiene products. We have gathered together several times this year to make PUP packs containing barrier shields, pads, underwear, soap and other supplies



Karen Kaskie, Wendy Pepper & Mary Brown, “sew” busy, cutting & stitching



SDENA's First Mother, Judy Nygren cutting away

**SDENA receives State Leader Grant**

It is the forward thinking of Karla Nygren, SDENA President, and our awesome board that keeps the SDENA in the limelight! Our organization was awarded a State Leader Grant to send members to the State and Chapter Leaders Orientation and Day on the Hill. The ENA Foundation awards these grants to cultivate leadership education for the ENA state council and chapter leaders. We were able to send Karla and Kristen (education chair) to the Leader Orientation and will be sending Sandra (Government affairs) to Washington D.C. Our organization is so fortunate to be able to do this! These opportunities are more reasons to get actively involved! -by Sherrie Muhs

**PUP packs**

**ENA Members Stepping up to the Plate**

Our ENA members have some great things coming up!

- Sandra is attending Day on the Hill in Washington DC, meeting with local legislators in April
- Sherrie will be doing a learning station at the Minnesota Rural Health Conference in Duluth on improving chest pain outcomes through telemedicine
- Karla and Cindy will be speaking at the National ENA conference on telemedicine and rural health outcome improvement

Please let us know of your activities so we can give you the recognition you deserve!

**Meetings Just Got Easier for South Dakota State Council**

South Dakota ENA State Council members are spread throughout a large, rural area. It traditionally has been difficult to get members together for meetings and education. On Dec. 9, the state council tried a new approach and used South Dakota's far-reaching telemedicine network to broadcast the meeting and educational offering.

Member Cindy Pirrung, BSN, RN, CEN, CFRN, CPEN, used her knowledge of telemedicine capabilities and extensive contacts within emergency nursing education to help facilitate and broadcast the event.

Karie Pierce, BSN, RN, CEN, CPEN, Hennepin County Medical Center trauma outreach coordinator, reprised her lecture "Mangled and Mauled in Machinery" from the 2014 ENA Annual Conference in Indianapolis.

"We were very excited to bring a national speaker back to our members," said Kristen Cline, BSN, RN, CEN, CPEN, South Dakota Education chairperson. "Not many of our members get the opportunity to be able

to attend a national conference, so it is a great benefit to be able to expose people in our state to this kind of information. Hopefully, they get a taste of the kind of experience a national conference can offer, which will inspire them to want to attend."

The South Dakota ENA State Council partnered with the South Dakota American Association of Critical Care Nurses and the South Dakota Emergency Medical Technicians Association to offer this education to their respective members; as a result, 120 people attended the education presentation at 13 remote sites.

"This model proved very successful for us, and we hope to use it again in the future," Cline said.

"Possibilities include having national speakers give their presentations from the comfort of their home state using this technology. We also have plans to team up with the AACN and SDEMTA for a joint trauma conference next fall."

*Submitted by Karla Nygren, BSN, BA, RN, CEN, CPEN, CFRN, CCRN, South Dakota ENA President*

Check out Karla's article in the March issue of the ENA connection! If you have any articles or information you would like to submit, we are always looking for contributors. Get in touch with Sherrie Muhs or Karla Nygren for more information!

Be sure to check out our web page for more information on this conference sponsored by the SDENA! This conference will be the first of its kind in our state. It's a great value. You can always find great information like this and more at [www.SDNA.org](http://www.SDNA.org)

Kudos to Alex Sproul, RN for volunteering as our student nurse liaison for SDENA. He has already reached out to so many student nurse chapter associations across the state. We look forward to enhancing this relationship with our student nurse colleagues.

# 4th Annual 5k RUN/WALK for Child Abuse Prevention SATURDAY, APRIL 25 at 10:00AM in FALLS PARK

Please join us in raising AWARENESS for child abuse prevention. Teams are encouraged!

First 200 registrants will receive a Henry's Run Shirt!

\$25.00 registration

Sign up: Online only at [www.allsportcentral.com](http://www.allsportcentral.com) by April 24th.



Proceeds to benefit:



Volunteers needed! Email [Elizabeth.groff@sanfordhealth.org](mailto:Elizabeth.groff@sanfordhealth.org) to help out!

- 8:00-10:00am - Setup
- 9:00am-12:00am - Sales
- 9:30am-11:30am - Route Directors
- 10:00am-11:00am - 1/2 Point Water Table
- 11:00am-12:00pm - Finish Line Water/Snack

## ENA Proudly Announces the NEW Online CATN Course A Conceptual Approach to Injury and Illness

Course in Advanced Trauma Nursing (CATN) is an online advanced course in trauma care for experienced emergency nurses. The in-depth course involves critical thinking and clinical decision-making beyond the primary survey. It includes tools to anticipate complications early in the trauma continuum resulting in better patient outcomes.

The Course in Advance Trauma Nursing includes:

- Pathophysiologic concepts
- Long term perspective of trauma care
- Evidence-based curriculum
- 7.3 Contact Hours
- 6 Interactive Learning Modules
- Individual or Group Study

**Purchase Course Here**

For group pricing or more information contact:  
[elarning@ena.org](mailto:elarning@ena.org) or 847-460-4073

## Women in Science Event

Southeast Technical Institute was the host for the Women in Science event, March 11. Over 600 8<sup>th</sup> grade girls from around the region attended the event. The various booths covered a variety of scientific topics including optometry, animal science, engineering, meteorology, and geography. The SDENA hosted a booth for the first time. Our booth was one of the most popular. We brought mannequins for CPR, drunk driving simulator goggles and information on the various areas of emergency nursing. Many girls were very interested in the infant/child CPR and one in fact shared a personal CPR story. We received a nice thank you note from an area guidance counselor praising the event as a whole as well as our booth. We look forward to participating next year!



Karla Nygren and Kara Fonken at Southeast Tech

SDENA was invited to host a booth at the two day SDACEP (South Dakota American College of Emergency Physicians) conference in March. It was great to collaborate and learn with our physician colleagues.



Dr. Benjamin Aaker (SDACEP president), Kristen Cline, Karla Nygren and Karen Kaskie.

## 2015 State State Fundraising Challenge

“Strike it up for Scholarships” is the theme for the ENA Foundation Fundraising Challenge. 100% of the funds raised goes to fund scholarships for nursing education. Many SDENA members have been recipients of these scholarships. Consider a tax deductible donation today.

<https://admin.ena.org/foundation/contribution/donate.asp>

# Fall ENA

The ENA Fall conference is sure to be a great one. Our own Kristen, education chair is on the national planning committee. She assures us the learning, networking and fun are sure to be outstanding. She states this year's conference has more hands on learning and features an expanded program since the Fall and leadership conferences are combined this year. The dates are

September 28-October 3 in Orlando, Florida



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