

May, 2006

Volume 2, Issue 2

# SDENA Newsletter

South Dakota Emergency Nurse's Association

## Mark Your Calendars!

NEXT  
SDENA  
MEETING:  
JUNE 5<sup>TH</sup> at  
4 pm by  
Video  
Conference

### SITES:

Sioux Valley  
Hospital, Prairie  
Lakes Hospital,  
Avera Queen of  
Peace, Avera St.  
Luke's

### SDENA OFFICERS

#### President:

Tammy Dohman

#### Secretary:

Cindy Baldwin

#### Treasurer:

Jill Wiesner

#### Immediate Past President:

Jody Foster

#### Board Member-at- Large:

Pat Sortland

### COMMITTEE

#### CHAIRPERSONS:

##### Trauma:

Clara Johnson

Pediatrics: Kay Boik

EIC: Dory Gassman

## ***MUMPS: WHAT YOU NEED TO KNOW!***

As Emergency Department nurses we are frequently faced with new (and not so new) medical challenges. With the recent mumps outbreak in neighboring states and now in South Dakota, it might be time to review a disease that to this point has recently been rare.

### **Symptoms:\***

Fever, headache, muscle aches, tiredness, and loss of appetite; followed by swelling of salivary glands. The parotid salivary glands (which are located within your cheek, near your jaw line, below your ears) are most frequently affected.

### **Complications:\***

- Severe complications are rare. However, mumps can cause:
- inflammation of the brain and/or tissue covering the brain and spinal cord (encephalitis/meningitis)
- inflammation of the testicles
- inflammation of the ovaries and/or breasts
- spontaneous abortion
- deafness, usually permanent

### **Transmission:\***

The mumps virus replicates in the upper respiratory tract and is spread through direct contact with respiratory secretions or saliva. The infectious period or time that an infected person

can transmit mumps to a non-infected person is from 3 days before symptoms appear to about 9 days after the symptoms appear. The incubation time, which is the period from when a person is exposed to virus to the onset of any symptoms, can vary from 16 to 18 days (range 12-25 days).

### **Isolation Precautions:\***

Droplet precautions are recommended to care for persons with suspected or diagnosed mumps.

### **Diagnosis:\***

Diagnosis of mumps should be made by a physician and it is likely that laboratory testing will be recommended.

### **Treatment:\***

Currently, there is no specific treatment for mumps.

### **Prevention:\***

A history of mumps disease and vaccination are felt to provide immunity. Two doses of MMR are recommended for those who have not had mumps.

Kay Boik, RN

Pediatrics Committee Chairperson

*\*information from CDC*

## ***TRAUMA COMMITTEE REPORT***

Submitted by Clara Johnson RN, Trauma Committee Chair

### ***TNCC INSTRUCTOR COURSE***

SD ENA Trauma Committee will sponsor the TNCC I course in Sioux Falls on Wed, July 12th. Flyers will be sent to the hospitals with TNCC programs soon. ENA has changed the requirements to take the course to include: recertification of Provider status by successfully completing the 2 stations (airway, spinal and nursing process) and the written test, submitting letters of recommendation, commitment and support from an existing TNCC program to assist with the instructor candidate process. ENA has found that numerous RN's across the country have taken the course to become instructor candidate with out an existing program for them to teach and be mentored for final approval. The one day course will be longer than in the past to allow for the Provider Recertification testing process prior to starting the actual instructor course. Students will need to be prepared to move directly into testing.

### ***TNCC REIMBURSEMENT PROGRAM***

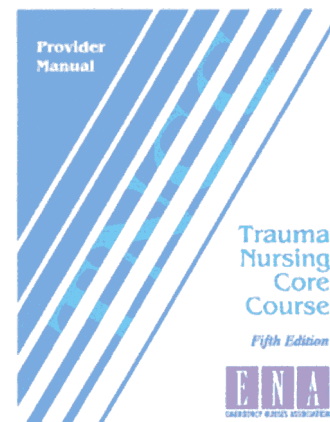
As in the past 5 years SD ENA continues to offer the TNCC Reimbursement Program to RN's who are employed in Critical Access Hospitals. Through the years our organization has reimbursed over \$25,000.00. Thus far in 2006, \$1140.00 has been dispersed to 8 RN's or their hospitals. Communities who have benefited from the 2006 program are Milbank, Madison, Freeman and Armour. \$3860.00 remains for RN's who successfully complete the course and submit the appropriate forms. Hospital Directors of Nursing were sent the information and forms in January.

*"Yesterday is gone.  
Tomorrow has not yet  
come. We have only  
today. Let us begin."  
Mother Theresa*

### ***CEN REIMBURSEMENT PROGRAM***

This is the new program for SD ENA will reimburse an ENA member the full fee of the CEN Review Test after their successful completion of the certification process. Thus far \$600.00 of the allotted \$3000.00 has been reimbursed to 3 SD ENA members. We encourage all

members to consider advancing their professional practice with the certification and also reaping the benefits of the organizations reimbursement program. And share the great program with fellow nurses, encourage them to join ENA and to take the CEN exam.



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