

the  
**Frequent Flyer**

Fall, 2016



**THANK  
YOU  
TO OUR  
MEMBERS**

**We've accomplished a lot in  
2016!**

It is hard to believe we are wrapping up 2016! We've got a lot of exciting information to cover in this publication with our members! This newsletter serves as a way to reach our members across the state to ensure everyone is up to date with our activities. We hope you'll becoming engaged with your state council on behalf of our national association! Together, we can accomplish great things for our colleagues and patients!

**Upcoming Events**

TCRN Review  
**10/24-10/25**  
Fall Conference  
and Education.  
SEE PAGE 8

Annual Meeting  
**10/24**  
6pm. Come  
celebrate our year!  
SEE PAGE 8

Quarterly Meeting  
**11/14**  
12pm. Meeting and  
education. SEE  
PAGE 8





# A message from our President

2016. What a year of blessings. When I think back to my first year of presidency... we were a small group. We had about 130 members statewide, and we had 3-4 people going to national conference every year. We now roll in with membership numbers in the 190's. EN16 had 16 people from South Dakota in attendance. We have members presenting posters. We have members presenting nationally. We have members on national committees, and winning national awards. It is clear to me that we are a passionate and respected group, who provide incredible care.

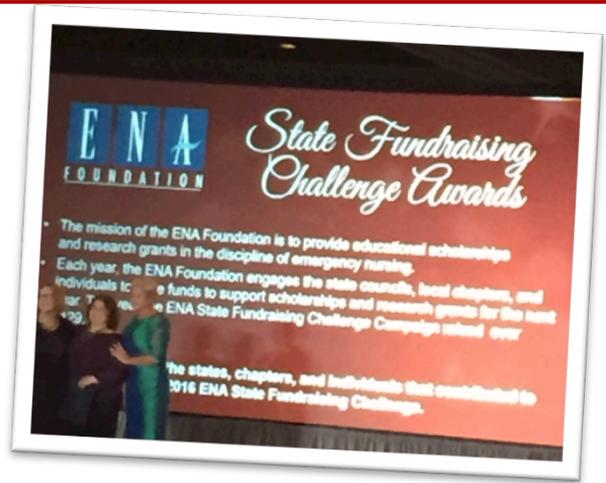
Let this be understood, South Dakota. You do an amazing job taking care of your patients. We knew it, and now the nation knows it. South Dakota is being noticed. We don't care to be noticed for the fame or the notoriety. That doesn't really matter. What matters is that WE matter. We matter because we educate ourselves. We pride ourselves in evidence based practice. We pride ourselves in patient flow. We pride ourselves in taking excellent care of the patients of the Midwest, and visitors too!

Speaking of Midwest pride, how about our Foundation challenge! \$5000+ raised! You rallied! Several nurses from around the world are able to receive scholarships because you cared. We shared Compassion Fatigue training with nurses all over our region. How incredible to be able to provide such a gift!

We care. Our service project, Project Underpants, is bursting at the seams and almost ready for final shipment. We have a new service project ready to announce – because you asked for it. We are excited to serve. Our injury prevention team is excited to roll out their new ideas for 2017 as well!

Our TCRN Fall Review course is full. We hoped for 100 attendees, and have about 130 registered! Our annual meeting will follow October 24 at 1800, All Day Café in Sioux Falls. Please join us! If you can't come, ask to Skype, Google Hangout, or teleconference. We've done all of the above!!

Finally, I am honored and humbled to have been elected to your National ENA Board of Directors. I will represent ER nurses with the pride and assurance that you have instilled in me. I am so blessed to have served as your president this year, and am excited to see what 2017 holds for us as South Dakota ENA!



## South Dakota raises \$5,339 for ENA Foundation, Scholarship to be named for state

South Dakota ENA Members raised over \$5,000 for the ENA Foundation! The Foundation's mission is to provide educational scholarships and research grants in the discipline of emergency nursing. We've had members across our state receive scholarships for school as well as scholarships for free national conference registration! For our generous donation as a state, a scholarship will be named after South Dakota! Your hard work and charitable donations will help fellow emergency nurses across the country! We cannot thank you all enough for your support and allowing the state achieve this lofty goal!

**THANK YOU,  
SD ENA  
MEMBERS**



## South Dakota Election Results

On behalf of SD, thank you to our members who voted in our state 2016 elections! It is vital for members to make their voices heard! We congratulate our officers on their elections and appreciate the work they do for South Dakota!

**PRESIDENT: KARLA NYGREN  
TREASURER: SANDRA RUESCH**



## National ENA Conference in LA

Emergency Nurses across the country (and world!) gathered in Los Angeles, California for the week-long national ENA conference! Attendees participated in educational sessions, advocacy training, high-fidelity simulations, cadaver labs, general assembly, and networking!

South Dakota ENA sent five delegates to represent our state during General Assembly. Delegates voted on various topics of importance to our association during this time. We would like to thank our delegates for their commitment to SD and national ENA by representing your colleagues across the country.

Delegates and attendees will provide a short summary of their experience at our annual

meeting, scheduled October 24<sup>th</sup>. In case you're unable to attend the meeting, a short summary of their comments will be printed on the following page of the newsletter. We encourage you to reach out to SD delegates for information regarding their experiences!

EN17 is scheduled in St. Louis, Missouri! Delegates are selected based on participation criteria. As always, please reach out to your SD executive board members for information on how to become more involved at the state and national level. Let us help you make the most of your ENA membership today!

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## A message from the education committee

If you have suggestions for education that you would like to see organized, please contact Kristin Cline at [Kristen.Cline@sanfordhealth.org](mailto:Kristen.Cline@sanfordhealth.org). Our goal is to bring the highest quality education and speakers to our region to help our members continue to provide world-class care.

**The Call for Abstracts for Emergency Nursing 2017, to be held in St. Louis, MO will be open in November. Watch for an email with instruction on how to apply. We have had speakers from South Dakota for the past two years, so if you have a topic you would like to present, this is a great opportunity to speak to a national audience.**

# Summary of National Conference from Attendees

South Dakota had the largest numbers of attendees to the national conference in LA in our State Council's history! We are so excited our members are realizing the benefit of attending conferences and hope to continue this trend! Attendees will provide a quick summary of their experiences at our Annual Meeting (October 24<sup>th</sup>, 6pm at All Day Café in Sioux Falls). If you're unable to attend we've included a short summary from a few attendees below.

**Jessica Phelps, first-time attendee, South Dakota State Council Alternate Delegate:** "What an awesome experience, General Assembly was inspiring." "Breakout sessions were amazing and fact-filled"

"The presentation on the art of nursing moved me. It made me remember why I became a nurse in the first place: to help others. Many times it is more than monitoring vital signs, performing nursing skills... it is that smile, soft touch, the silent presence that we provide to our patients and their families that makes a difference. It reminded me that each day I report to work I have the ability to affect each patient. I hope to maintain my compassion and continue to practice the art of nursing for the rest of my nursing career."

**Sandra Ruesch, SD delegate, national poster presenter:** "Thank you SDENA for sending me as a delegate to EN16 in sunny LA, California. It was truly an honor to represent our state council on the national level. Over the years, it has been exciting to watch our delegate seats grow. We might be little, but we are definitely making an impact on a national level."

"I was able to visit with other Government Affairs members, Treasurers, nurse educators, and friends to share ideas, lessons learned, and renew my passion for Emergency Nursing."

**Kristin Cline, member of the national education committee, convention faculty:** "This year, I served my second year of a two year term on the National Conference Planning Committee. We began our work in January of this year- we reviewed and scored over 300 abstracts to select sessions and speakers and plan the logistics of the education at the conference.

"We have without a doubt some of the most enthusiastic and engaged members in the entire organization! If you have wanted to become more involved in our organization, now is the time to do it! You will make some of the best friends of your life and I urge you to consider attending Emergency Nursing 2017!"

**Alex Sproul, South Dakota Delegate:** "Attending national convention really inspires me! I gain so much knowledge from the education sessions to bring back to my personal practice! I also am reminded of the importance of the work we do every single day!"



# South Dakota Members Present at National Conference

South Dakota members continue to represent South Dakota on the state and national level! This year, we lift up our dedicated members who presented various topics at Emergency Nurses 2016!



Sandra Ruesch

**Sandra Ruesch, poster presentation**  
“We’re not gonna take it: workplace violence”



Karla Nygren

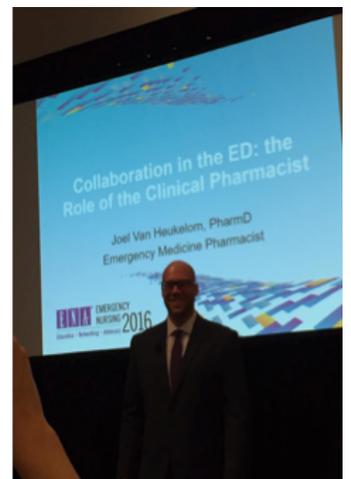
**Karla Nygren, poster presentation**  
“Revising the Triage Process: improving throughput to enhance outcomes”



Kristin Cline

**Kristen Cline, educational session faculty**  
“Debunking Dogma in the ED”

**Joel VanHuekelom, educational session faculty**  
“Collaboration in the ED: role of the clinical pharmacist”



Joel VanHuekelom



Alex Sproul

**Alex Sproul, guest-speaker**  
“Tales of the Stretcher-side”  
by Terry Foster & Jeff Solheim

# An Update from Government Affairs

## EN411

Action alerts have been posted to the SDENA Facebook page. Thank you to all of you that take time to advocate for emergency nursing by communicating to our legislative body on the national level. For those of you that have not done this, it is very simple. Follow the hyperlink and fill in the information. This usually takes less than a minute and ENA sends an email to our specific legislative members. Each time I participate in an action alert, I receive a phone call or email back from Representative Noem, Senator Rounds, or Senator Thune, or one of their staffers.

Current action alert:

### Action Alert: Protecting Patient Access to Emergency Medications Act of 2016

Contact your Representatives and Senators and ask them to cosponsor the Protecting Patient Access to Emergency Medications Act of 2016 (H.R. 4365/ S. 2932)! This important and timely legislation will ensure that EMS personnel can continue to administer lifesaving drugs under standing orders.

## Washington Update/News

A stopgap spending bill passed on September 29<sup>th</sup>. These funds will support a vaccine for Zika and \$37 million for Comprehensive Addiction and Recovery Act to address the epidemic of opioid overdose and deaths. The house energy and commerce committee have advanced priority ENA bills to the house floor surrounding the issues of Nursing Workforce and Reauthorization Act (nursing scholarships) and the current Action Alert priority Protecting Patient Access to Emergency Medications Act.

In other interesting national news:

- Pain killers are more popular than tobacco: 38% of Americans use prescription painkillers compared to the 31% who use tobacco products
- EpiPen manufacturer Mylan has paid a \$465 million settlement to the Department of Justice for the price increase of their injectors to Medicaid Drug Rebate Program
- The Institute of Medicine, "The Future of Nursing: Leading Change, Advancing Health." Report from 2010 recommended that 80% of the nursing workforce have a BSN by 2020. This has sparked an increase in numbers of nurses seeking their BSN and has also effected hiring practices of nursing employers
- In Minneapolis, 4,000 Allina nurses are returning to work. Two strikes occurred lasting a total of 43 days. Abbott was in jeopardy of losing their Medicare funding, according to the Star Tribune.

## Day on the Hill 2017

Is scheduled for May 2<sup>nd</sup> and 3<sup>rd</sup>. This is an amazing opportunity for advocacy, which is one of the overarching purposes of ENA. Let us know if you are interested in attending. We are also looking to send members to our state nurses day at the legislature in Pierre. Date is still TBD and will be sponsored by SDNA. I will report this as soon as I know the date. Our GA budget allocates funds for these events. Get involved!

## State Issues

Get out and vote on November 8<sup>th</sup>. Be prepared, if you cannot vote on November 8<sup>th</sup>, complete an absentee ballot. The steps are online and are quite simple. Be knowledgeable on the issues before you vote. We all know how important this election will be. Not only are we voting for president, national representative seat, and local legislators, there are also numerous constitutional amendments and initiated measures that are on the ballot this year. At the very least, read the full text of the ballot issues. The information is found on the SD Secretary of State website.

# Save the Date Information

## TCRN Review

October 24<sup>th</sup> & 25<sup>th</sup> in Sioux Falls! Your education committee is bringing you the leader in emergency nursing education, Jeff Solheim, and his educational seminar for the TCRN certification, BCEN's newest nursing certification! Tickets are required. You won't want to miss this!



“Cindy on a Stick” attending EN16 in LA! Cindy Pirrung was unable to attend and accept her national award so attendees brought her picture along!

## SD ENA Annual Meeting

October 24<sup>th</sup> at 6pm at All Day Café in Sioux Falls! Celebrate our success and accomplishments from 2016 with fellow ENA members! National ENA President-Elect Jeff Solheim and our National Board of Directors Liaison will be in attendance! No tickets required! Come and celebrate!

## SD ENA Quarterly Meeting/Education

November 14<sup>th</sup> at noon CST! Education presented will be titled “Debunking Dogma in the ED”. This special presentation was an educational session offered during Emergency Nurses Association Annual Convention in LA! Attend live at Avera E-Hub in Sioux Falls or contact [Cindy.Pirrung@avera.org](mailto:Cindy.Pirrung@avera.org) for remote access. 1ANCC credit offered.



## Future Dates

Your SD Executive Board will determine meeting dates and times for 2017. As soon as these dates are finalized all members will receive an e-mail with additional details. You can also follow us on Facebook!

# National ENA Election Results

## South Dakota Member to serve on Board of Directors

ENA members voted to elect new leadership positions at the national level. Elected officials are listed below. **Of note, South Dakota ENA President Karla Nygren was elected to serve a three-year term as a national director.** We would like to take a moment to congratulate Karla and commend her for the immense work she has completed for South Dakota. She will continue to work closely with SDENA in addition to her national responsibilities. Congratulations and thank you for all the work you do, Karla!

- 2017 President Elect: Jeff Solheim  
2017 Secretary/Treasurer: Sally Snow  
Board of Director Members:
- Ron Kraus
  - Karla Nygren
  - Ellen Encapera
  - Nominations and Elections
  - Kristen Connor
  - Jeff Jarding
  - Daniel Misa

# New Vendor Booth for SDENA

Thank you Avera & Sanford

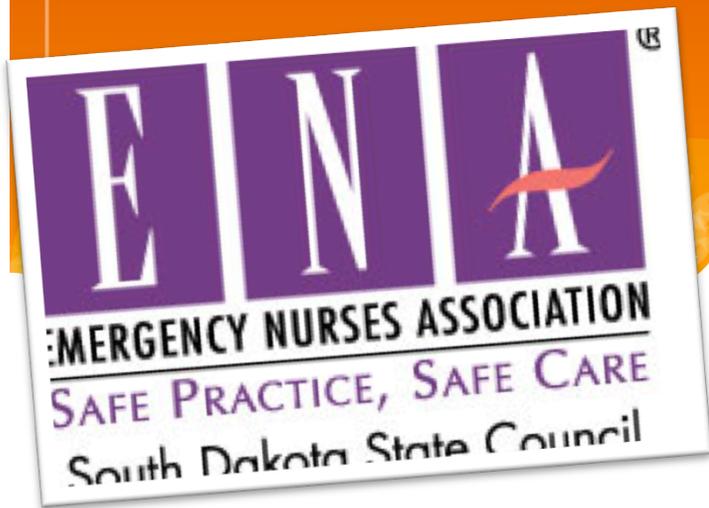
South Dakota ENA's vendor booth will have a new look! We received a new tablecloth along with a large information stand to put near the table! These new additions are attention grabbing! We utilize this booth at regional conferences to expand our reach to healthcare professionals. This was made possible by the generous donations of Sanford and Avera. We would like to thank these institutions for their continued support of ENA and their emergency nurses!

THANK YOU!



# SDENA Service Project

We will be finishing up our Project Underpants service project! As October winds down and leads into the busy Holiday season, we will plan a date and time in January, 2017! We will work on finishing up the current project so we may begin a new project as a state council! Look for more information to come!



South Dakota ENA

Please Distribute to  
all SD Emergency  
Nurses